

YOU ARE THE TECHNOLOGY



FIVEFINGERS

PRODUCT CATALOGUE 2021
SPRING SUMMER EDITION





OUR FOUNDATION

The strength of the human foot lies in its structural capability to adapt - depending on the movement, it changes from a very sturdy and efficient shock absorber, to a reactive and powerful propulsion source.

There is an elementary function that is often overlooked; the foot performs as a sensory organ.

Due to its flexibility and natural articulation, it can adapt and sense the ground with every step, much like the characteristics of our hands. The real-time data our foot collects and delivers to the brain as we step, helps us with instinctive and natural human movement.

The mission of Vibram FiveFingers® is to engineer essential protective* footwear always aiming at allowing the human foot to move naturally and uncompromised.

The human body is strong, by nature.



OUR PRODUCT

Vibram FiveFingers® is a protective* tool and “articulated” rubber sole in the shape of the human foot. The glove-like upper respects the natural functionality of the foot, allowing you to feel the ground naturally with a level of protection*.









2021 LINE LIST

MAX AND INTENSIVE FEEL PRODUCTS

MAX FEEL PRODUCTS
You Are The Technology at its pure state: maximum articulation and ground feel combined to essential protection*.

INTENSIVE FEEL PRODUCTS
You Are The Technology at its extended state: great articulation and ground feel + extended protection* for specific activities.

***Caution:** as used in this catalogue, “protection” means only a rubber barrier between ground and the foot. Vibram Fivefingers® are not orthopedic or safety footwear and should not be used as such or for playing active sport activities involving significant stress for feet and lower limbs.

GROUND FEELING LEVEL							
	MAX				INTENSIVE		
TRAINING	V-SOUL 	KSO EVO 	KSO EVO KIDS 	EL-X 	V-TRAIN 2.0 	V-RUN 	
OUTDOOR	V-ALPHA 	KSO TREK 			V-TREK 	V-TREK INS. 	V-TRAIL 2.0 
WATER	V-AQUA 						
LIFESTYLE	VI-B 				CVT-HEMP 	CVT-LEATHER 	
ORIGINALS	CLASSIC 	KSO 					
PERFORMANCE SOCKS	ATHLETIC NO SHOW 		WOOL BLEND CREW 		GHOST 		

YOUR PLAYGROUNDS OUR TECHNOLOGY



XS TREK

Vibram XS TREK is a technical compound that allows great overall performance qualities, in particular flexibility and wet traction. Highly responsive to the various demands of life, XS TREK will carry you from the trail to the urban playground and even to the indoor activities, thanks to its non-marking feature.

MODEL FT. SOLE:
Classic, KSO, CVT, Vi-B, V-Train 2.0, KSO Evo, KSO Trek



XS RUN

Vibram XS RUN provides a maximal stable hardness across a broad temperature range and the softness of the compound allows for expansive ground contact and grip across lug surfaces. XS RUN also provides high grip on smooth surfaces.

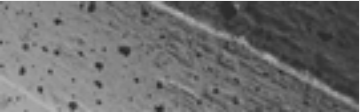
MODEL FT. SOLE:
V-Run



MONT

Vibram MONT compound formulation is optimized for mountaineering, trekking, acrobatic, works, and motorbike racing. MONT is used to conquer the highest reliability on the most difficult terrains at low temperatures.

MODEL FT. SOLE:
V-Run



VI-LITE

Vibram VI-LITE features the ultimate in lightweight, shock, absorption cushioning, for maximum energy conservation.

MODEL FT. SOLE:
V-Run, CVT



MEGAGRIP

Vibram MEGAGRIP offers excellent grip properties on both dry and wet terrains while maintaining a high level of durability. Developed for the user who frequently encounters slippery surfaces, MEGAGRIP offers an incomparable combination of grip and durability.

MODEL FT. SOLE:
V-Trek, V-Aqua, V-Trail 2.0, V-Alpha



MEGAGRIP 3D COCOON

3D COCOON embedded in the outsole, this thin and flexible mesh disperses ground pressure by distributing impact. Flexible but protective enough to traverse safely over uneven ground, the user experiences ground feedback with less bite.

MODEL FT. SOLE:
V-Trail 2.0



ICETREK

Vibram ICETREK provides unparalleled grip on cold, icy, or snow covered surfaces. The soft rubber compound in combination with uniquely designed lugs allows ICETREK soles to move swiftly on various icy surfaces.

MODEL FT. SOLE:
V- Trek Insulated





TRAINING

Maximum proprioception
for optimal human performance.

V-SOUL

FEMININE INDOOR FITNESS

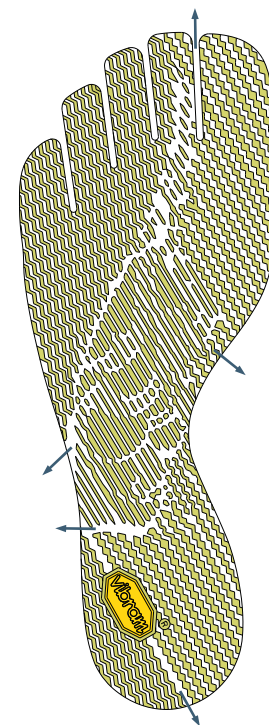
2 mm PU foam
insole + Poly
sockliner



Hook&loop
closure



3,5 mm
rubber outsole
compound:
XS TREK



- GRIP
- TRACTION
- STABILITY
- BRAKE
- CUSHIONING
- SELF CLEANING

Open, light and flexible.
Adjustable, secure fit.
Maximum articulation and ground feel.

This style is part of our max feel product philosophy.

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USAGE

Functional fitness, plyometrics, Pilates, yoga, etc.

WEIGHT

W38= 3,2oz / 91gr

CARE INSTRUCTION

Machine Wash Cold / Air Dry



Women's



18W7201
Black



18W7202
Silver / Light Grey



20W7201
Lavender

KSO EVO

THE UNIVERSAL, MINIMAL
TRAINING TOOL

Maximum articulation and ground feel.
Assured grip and essential protection*.
Light, airy and simple adjustable upper design.

This style is part of our max feel product philosophy.

-

USAGE

Functional fitness, plyometrics, primal movements, balance
and strengthening workouts

WEIGHT

W38= 3,5 oz / 99gr
M43= 4,9oz / 139gr

CARE INSTRUCTION

Machine Wash Cold / Air Dry



Women's



20W0701
Black / White



18W0701
Black / Rose



20W0702
Grey / Purple



19W0702
Burgundy/Burgundy



14W0701
Black

Men's



20M0701
Black / White



18M0701
Black / Red



20M0702
Grey / Red



19M0703
Navy/Navy



14M0701
Black

KSO EVO KIDS

THE UNIVERSAL, MINIMAL TOOL
FOR TRAINING AND PLAY

Maximum articulation and ground feel.
Assured grip and essential protection*.
Light, airy and simple adjustable upper design.

This style is part of our max feel product philosophy.

USAGE

Functional fitness, primal movements (play),
plyometrics, balance and strengthening workouts

WEIGHT

W38= TBD

M43= TBD

CARE INSTRUCTION

Machine Wash Cold / Air Dry

Fast lacing



2 mm EVA insole
+ Dri-lex®
sockliner

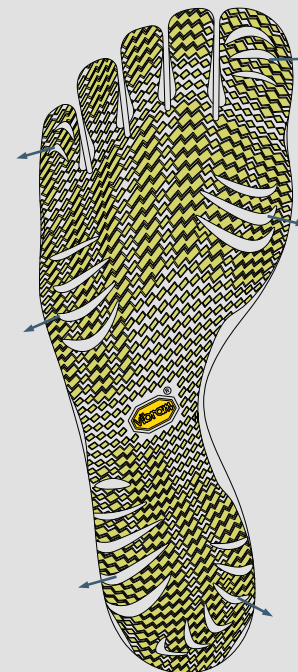


PU Printing
protection and
reinforcement

Polyester Mesh
material



3 mm
rubber outsole
compound:
XS TREK



GRIP
TRACTION
STABILITY
BRAKE
CUSHIONING
SELF CLEANING



Kid's



20K0701
Black

EL-X

SIMPLICITY IN ITS TRUE FORM

2 mm EVA insole
+ Dri-lex®
sockliner

Same level of ground feel as the KSO EVO.
Simple, slip on upper.
Snug fit, like a second skin.

This style is part of our max feel product philosophy.

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USAGE

Functional fitness, plyometrics, primal movements, balance and strengthening workouts.

WEIGHT

M43= 4,23oz / 120gr

CARE INSTRUCTION

Machine Wash Cold / Air Dry

Polyester Mesh
material

PU Printing
protection and
reinforcement

3 mm
rubber outsole
compound:
XS TREK

● GRIP
● TRACTION
● STABILITY
● BRAKE
● CUSHIONING
● SELF-CLEANING



Men's



13M0101
Black

V-TRAIN 2.0

THE PERFECT TOOL FOR SERIOUS TRAINERS
AND FUNCTIONAL ATHLETES

Good level of ground feel and protection* with good toe articulation for great balance and active stability.

Upper construction specifically designed for heavy training, focused on durability and performance.

Distinctive rope traction lugs in the arch.

Update panel lacing system with a Hook+Loop closure system, with new softer feel. Perfect for aggressive, lateral movements. XS Trek rubber compound for all around performance both indoor and outdoor.

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USAGE

Functional fitness, balance and strength workouts, powerlifting, and some running.

WEIGHT

W38= 6,2oz / 177gr

M43= 7,8oz / 220gr

CARE INSTRUCTION

Machine Wash Cold / Air Dry

Lacing +
hook&loop
closure



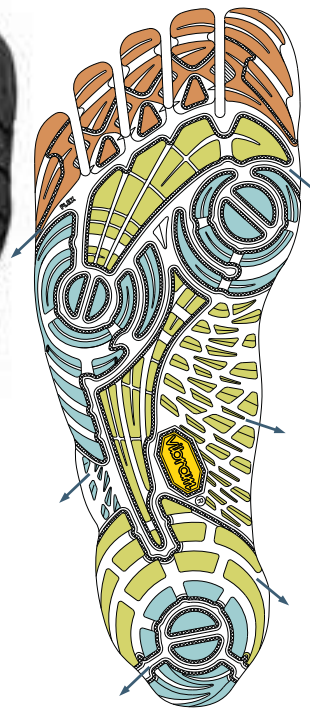
2 mm EVA
insole +
Polyester
sockliner



Polyester fabric

Lateral TPU
panels

Rope
Traction lugs



GRIP
TRACTION
STABILITY
BRAKE
CUSHIONING
SELF CLEANING

4 mm
rubber outsole
compound:

XS TREK



Women's



20W7701
Black / Black



20W7703
Black / Pink



20W7704
Black / Green

Men's



20M7701
Black / Black



20M7703
Black / Blue



20M7704
Black / Orange

V-RUN

THE NATURAL ROAD RUNNING
AND FITNESS TOOL

Exceptionally lightweight and flexible.

Features a 4mm Vi-Lite midsole for an additional level of light cushioning.
Appropriate for transitioning from traditional to minimal running footwear.
Great for sprint training, even for those who run longer distances in more cushioned trainers.

Soft polyamide upper featuring strategically placed perforations for superior fit, breathability and comfort.

-

USAGE

Road running, treadmill running, general fitness.

WEIGHT

W38= 3,74oz / 106gr

M43= 4,8oz / 136gr

CARE INSTRUCTION

Machine Wash Cold / Air Dry

Perforations
for Ventilation



2 mm EVA insole
+ Dri-Lex®
sockliner

4 mm midsole
compound:

VI-LITE

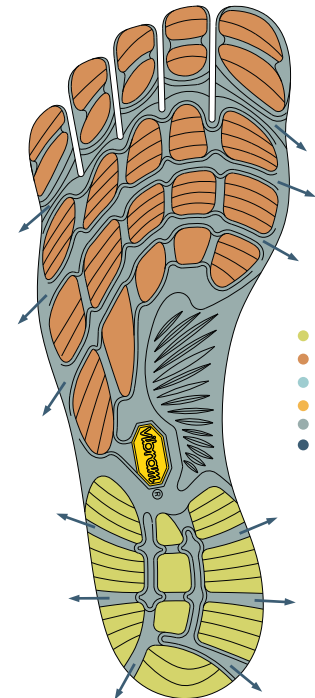


Extra soft
Polyester fabric



2,5 mm
rubber pieces
compound:

XS RUN



2,5 mm rubber
pieces / durable
compound:

MONT

GRIP
TRACTION
STABILITY
BRAKE
CUSHIONING
SELF CLEANING



Women's



16W3105
Black / Yellow / Purple



20W7001
Grey / Yellow



20W7002
Fuchsia / Blue



20W7003
Blue / Blue

Men's



16M3101
Black / Yellow



20M7001
Grey / Yellow



20M7002
Blue / Black



20M7003
Green / Black



OUTDOOR

Our natural playground.

Professional athlete, please don't imitate.

V-ALPHA

ESSENTIAL, MINIMAL OUTDOOR
TRAINING TOOL

100% true to our original philosophy: a protective* tool for the foot that allows ground sensory, performance and dexterity. Offering essential protection* for unpredictable outdoor conditions.

Flexible 3mm rubber outsole featuring our Megagrip compound, assuring grip and durability in both dry and wet conditions.

2mm PU foam insole for maximal comfort.

360° foot covering with newly developed upper material. 50/50 blend of wool and synthetics improves foot climate and reduces odor. Synthetic fibers provide mechanical strength and durability.

Designed for function, with no nonsense.

This style is part of our max feel product philosophy.

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USAGE

Outdoor training, parkour, walking, exploring, trekking, fitness.

WEIGHT

W38= 3,65oz / 103gr

M43= 4,8oz / 136gr

CARE INSTRUCTION

Machine Wash Cold / Air Dry



Women's



18W7101
Black



18W7103
Grey / Violet



19W7102
Teal / Blue

Men's



18M7101
Black



18M7103
Military



19M7102
Blue / Black

V-TREK

TOOL FOR WALKING, HIKING AND TREKKING

Flexible 4mm rubber outsole featuring the Megagrip rubber compound - our premium outdoor formula for ultimate grip in both dry and wet conditions.

4mm PU midsole adds a touch of cushion for all movements. 360° foot covering with newly developed upper material. 50/50 blend of wool and synthetics improves foot climate and reduces odor. Synthetic fibers provide mechanical strength and durability.

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USAGE

Hiking, trekking, and traveling. The outdoor essential.
Great also for casual wear

WEIGHT

W38= 4,9oz / 139gr
M43= 6,5oz / 185gr

CARE INSTRUCTION

Machine Wash Cold / Air Dry



Women's



19W7401
Black / Black



19W7402
Black / Grey / Citronelle



18W7402
Military / Purple



19W7403
Teal / Grey

Men's



19M7401
Black / Black



19M7402
Black / Grey / Citronelle



18M7402
Military / Dark Grey



19M7403
Blue / Grey

V-TREK INSULATED

TOOL FOR WALKING, HIKING AND
TREKKING, OFFERING INSULATION
FOR WARMTH

Resistant Nylon Shell with Fleece Lined Collar,
Tongue & Quarter Panels.

Brushed Toe fabric for easy flexibilty and enhanced
comfort compared to older models.

Toe film protection on top of and between toes.

Hypatex overlay braces for non-absorbent water shedding.

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USAGE
Hiking, trekking, and traveling when additional foot warmth is
necessary.
Great also for casual wear

WEIGHT
W38= 6,2oz / 176gr
M43= 7,8oz / 221gr

CARE INSTRUCTION
Machine Wash Cold / Air Dry



Women's



20W7801
Black



20W7802
Black / Grey / Green



20W7803
Military / Black

Men's



20M7801
Black



20M7802
Black / Grey / Red



20M7803
Military / Black

V-TRAIL 2.0

YOUR ESSENTIAL TOOL FOR OUTDOOR
RUNNING PERFORMANCE

3D Cocoon mesh offers protection* from sharper
objects during outdoor training, like rocks or acorns.
This tridimensional nylon mesh is molded into
the rubber sole - 3D Cocoon disperses the point of impact
of hard and sharp objects. Continues to offer excellent
proprioception and dexterity.

Megagrip rubber compound offers supreme grip in both wet and
dry conditions.

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USAGE
Ideal for running in nature, on trails or during obstacle races -
the ultimate tool for moving on unpredictable surfaces.

WEIGHT
W38= 5,0oz / 142gr
M43= 6,4oz / 182gr

CARE INSTRUCTION
Machine Wash Cold / Air Dry

Abrasion resistant
film layer on toes

Fast lacing

2 mm EVA
insole + Polyester
sockliner

3D COCOON
technology
inside

Resistant
Polyester fabric

Hypatex overlay
braces make for a
secure fit

3,7 mm
rubber outsole
compound:
MEGAGRIP



Women's



19W7601
Black/ Yellow



19W7602
Ivy/Black



19W7603
Blue/Green

Men's



19M7601
Black/ Yellow



19M7602
Ivy/Black



19M7603
Blue/Orange

KSO TREK

RUGGED AND VERSATILE TOOL FOR
OUTDOOR ADVENTURERS

Durable upgrade of the popular KSO training tool, featuring a kangaroo leather upper and sock liner that is soft against the foot, yet strong, tear-resistant and breathable. A 4mm EVA midsole offers plating protection from stone bruising, while the 4mm Vibram XS Trek outsole provides excellent traction and flexibility on all types of trails.

USAGE

Light trekking, running, fitness, and casual wear

WEIGHT

W38= 4,76oz / 135gr

M43= 6,7oz / 190gr

CARE INSTRUCTION

Machine Wash Cold / Air Dry



Women's



W248

Black

Men's



M248

Black



WATER

Grip and protection* to move in and around
the water in your natural way.

V-AQUA

THE AMPHIBIOUS TOOL

Same minimalistic outsole as V-Alpha:
3mm Megagrip compound.
Light, thin, and flexible tool, offering essential protection*.
Allows natural foot movement and offers protection*
for water activity, when going barefoot is not an option.
2 mm EVA insole with 2mm perforations through each sole,
allowing water to move through the shoe and dry quickly.
Snug fit and fast drying synthetic mesh upper,
adjustable by two Velcro straps.

Distinctive silicone print in the lining increases friction between
the skin and shoe, allowing for a more secure fit when water
would usually encourage slipping.

This style is part of our max feel product philosophy.

USAGE

Grip and protection* in and around the water for movement on
wet rocks, in riverbeds, in canoes, kayaks, and SUP. Excellent for
swimming and even triathlon race transitions. Successor to the
Signa.

WEIGHT

W38= 3,95oz / 112gr
M43= 4,9oz / 138gr

CARE INSTRUCTION

Machine Wash Cold / Air Dry



Women's



18W7301
Black



18W7303
Grey / Blue



19W7301
Black / Light Blue

Men's



18M7301
Black



18M7303
Grey



19M7301
Blue / Black



LIFESTYLE

Stay connected to the ground
even on casual days.

VI-B

THE FIVEFINGER VERSION
OF A TRADITIONAL BALLERINA

A perfect shoe designed for the elegant minimalist, the VI-B is a more evolved ballet for women on the go.

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USAGE

Casual and travel

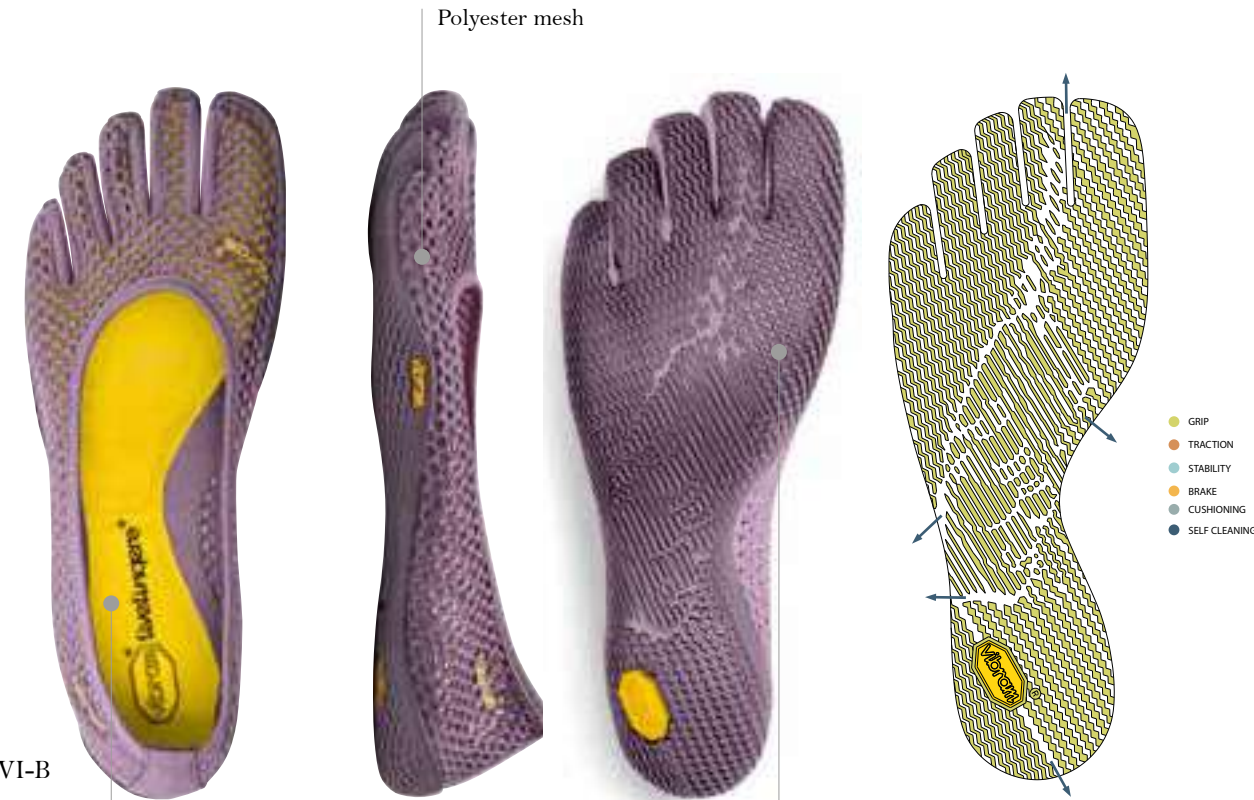
WEIGHT

W38= 3,5oz / 99gr

CARE INSTRUCTION

Machine Wash Cold / Air Dry

Comes with polyester mesh bag



2 mm EVA
insole + Dri-lex®
sockliner

3,5 mm
rubber outsole
compound:

XS TREK



Women's



14W2703
Black



18W2701
Pale Mauve



18W2702
White Cap



19W2701
Burgundy



20W2701
Lavender

CVT
HEMP
LEATHER
THE NATURAL DAILY SOLUTION

This casual minimalist shoe provides nature lovers a breathble, sustainable slip-on convertible shoe with a true barefoot feel.

USAGE
Casual and travel

WEIGHT
W38= 2,78oz / 79gr
M43= 3,45oz / 98gr

CARE INSTRUCTION
Machine Wash Cold / Air Dry



Women's

Men's

HEMP



14W6201
Khaki



14M6201
Khaki



14W6204
Black



18M6201
Black

LEATHER



20W7901
Leather Black



20M7901
Leather Black

ORIGINALS

How we started this journey – ride on!



CLASSIC

THE ORIGINAL BASIC

From day one, the FiveFingers® Classic has drawn the attention of the press and active outdoor athletes alike.

USAGE

Walking and casual

WEIGHT

W38= 4,59oz / 130gr

M43= 6,05oz / 170gr

CARE INSTRUCTION

Machine Wash Cold / Air Dry



Resistant Polyester fabric

Polyester Microfiber sockliner

3.5 mm rubber outsole compound:
XS TREK



Women's



W108
Black

Men's



M108
Black

KSO

THE FUNCTIONAL BASE



The KSO with thin, breathable stretch mesh wraps your entire forefoot to “Keep Stuff Out” when you’re scrambling up a rocky bluff or bounding along a riverbank.

USAGE

Active and sporty

WEIGHT

W38= 4,71oz / 133gr

M43= 5,9oz / 167gr

CARE INSTRUCTION

Machine Wash Cold / Air Dry



Women's



W148
Black



W145
Grey / Palm / Clay

Men's



M148
Black



M145
Grey / Palm / Clay

PERFORMANCE SOCKS


The toes socks series is designed to be used with toe shoes and standard shoes. It is engineered to provide comfort for toes and controls moisture.

Athletic No Show

- Arch compression
- Flexible toes
- Midweight

Tech Specs

MATERIAL

Coolmax ®  + 200 N Knitting + Tight Fit

COMPOSITION

70% Coolmax ® 25% Nylon 5% Lycra

Wash / Do Not Bleach / Do Not Iron / Do Not Dry Clean

Wool Blend Crew

- Arch compression
- Flexible toes
- Midweight

Tech Specs

MATERIAL

Merino Wool + 200 N Knitting + Tight Fit

COMPOSITION

70% Merino Wool 25% Nylon 5% Lycra Machine


Wash / Do Not Bleach / Do Not Iron / Do Not Dry Clean

Ghost

- Stretch construction
- Flexible toes
- Extra thin

Tech Specs

MATERIAL

Coolmax ®  + 200 N Knitting + Tight Fit

COMPOSITION

70% Coolmax ® 22% Nylon 8% Lycra

Wash / Do Not Bleach / Do Not Iron / Do Not Dry Clean

SIZING					
		S	M	L	XL
EU		34-37	38-41	42-45	46+
US	men	up to 5	6-8	8.5-11.5	12+
	women	up to 8.5	7.5-9.5	10-13	13.5+
UK		up to 4	4.5-7	7.5-10.5	11+



Athletic No Show
S: S15N01S M: S15N01M
L: S15N01L XL: S15N01XL
White



Athletic No Show
S: S18N01S M: S18N01M
L: S18N01L XL: S18N01XL
Military green



Athletic No Show
S: S18N04S M: S18N04M
L: S18N04L XL: S18N04XL
Red



Ghost
S: S15G01S M: S15G01M L:
S15G01L
White



Athletic No Show
S: S15N02S M: S15N02M
L: S15N02L XL: S15N02XL
Black



Athletic No Show
S: S18N02S M: S18N02M
L: S18N02L XL: S18N02XL
Yellow



Wool Blend Crew
S: S15C01S M: S15C01M
L: S15C01L XL: S15C01XL
Black



Ghost
S: S15G02S M: S15G02M L:
S15G02L
Black



Athletic No Show
S: S15N03S M: S15N03M
L: S15N03L XL: S15N03XL
Grey



Athletic No Show
S: S18N03S M: S18N03M
L: S18N03
Purple



Wool Blend Crew
S: S18C01S M: S18C01M
L: S18C01L XL: S18C01XL
Military green



NOTE

NOTE



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Most Vibram FiveFingers® are machine washable.

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